



HM Government

**NHS**

**Test and Trace**



# CORONAVIRUS SELF-ISOLATE WHEN ALERTED

If the NHS test and trace team contact you it is important you follow the request.

**If you are concerned if the call is genuine, the tracers will:**

- call you from 0300 013 5000
- send you text messages from 'NHStracing'
- ask you to sign into the NHS Test and Trace contact-tracing website
- ask for your full name and date of birth to confirm your identity, and postcode to offer support while self-isolating
- ask about the Covid-19 symptoms you have been experiencing
- ask you to provide the name, telephone number and/or email address of anyone you have had close contact with in the two days prior to your symptoms starting
- ask if anyone you have been in contact with is under 18 or lives outside of England.

**STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES**