New Horizons
LEARNING CENTRE
Unlocking Potential
through Learning

Child Friendly Anti-Bullying Policy

Date Ratified: July 2026
Review Date: July 2028
Policy responsibility - Senco
Policy Location: Student Friendly
Signed by: Mr Andrew Mclean

Position: Chair of Governors

Child-Friendly Anti-Bullying Policy

A clear policy for pupils across New Horizons Learning Centre

SAFE • RESPECTFUL • LISTENED TO

The key message

Bullying is not OK. If it happens to you, or you see it happening to someone else, tell a trusted adult. You will be listened to and supported.

Remember STOP

Bullying is when something happens:	If bullying happens:
Several	Start
Times	Telling
On	Other
Purpose	People

Together, we can help STOP bullying.

1. What is bullying?

Bullying is when someone hurts, frightens or upsets another person on purpose, and it happens more than once.

Bullying can happen face-to-face, in writing or online.

Bullying can be:

- **Emotional:** Hurting your feelings or deliberately leaving you out.
- **Physical:** Hitting, kicking, punching, pushing or spitting at you.
- **Verbal:** Teasing you or calling you names.
- **Written:** Writing unkind or hurtful notes or graffiti about you.
- **Online:** Sending or posting unkind or hurtful things about you by text, message, social media or online.

2. What should I do if I am being bullied?

DO:	DON'T:
• Ask them to stop, if you feel safe to do so. • Look towards them, if you can, and tell them to stop or go away. • Move away from the situation. • Tell a trusted adult and ask for help.	• Do what they tell you to do if it makes you feel unsafe or uncomfortable. • Hit or hurt them back. • Think it is your fault. • Hide what is happening - tell someone.

Important
Being bullied is not your fault. You do not have to deal with it on your own.

3. What should I do if I see someone else being bullied?

- Don't ignore what is happening.
- Ask the person doing the bullying to stop, if it is safe to do so.
- Tell a trusted adult as soon as you can.
- It is an adult's job to help keep everyone safe.

4. Who can I tell?

You can tell:

- a friend
- a family member
- any adult at school
- another trusted adult

Keep telling
The important thing is to tell someone. If you still need help, tell another trusted adult.

5. Our school commitment

Everyone at New Horizons will work together to:

- Make our school a place where everyone feels safe and happy.
- Respect everyone and accept people for who they are.
- Treat bullying seriously.

Remember

Speak up. Stay safe. Support each other.